

## **1,001 heart healthy recipes: quick, delicious recipes high in fiber and low in sodium and cholesterol that keep you committed to your healthy lifestyle (pdf) by dick logue (ebook)**

A compilation of Dick Logue's two popular books, 500 High-Fiber Recipes and 500 Low-Cholesterol Recipes, 1,001 Heart Healthy Recipes brings you all the nutritious recipes you could

pages: 576

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